

| Month              | Theme or Topic   |
|--------------------|--|
| September          | <ul> <li>Individual Strengths -</li> <li>strengthsexplorer.com</li> </ul>  |
| October            | <ul> <li>Mindfulness - Mindful Schools</li> <li>Bullying Awareness &amp; Prevention         <ul> <li>Cyberbullying presentation with SRO Heads Up Curriculum</li> </ul> </li> <li>Healthy Relationships         <ul> <li>Prevention Educator from ASTOP</li> </ul> </li> </ul> |
| November           | <ul> <li>Mindfulness - Mindful Schools</li> <li>Conflict Resolution</li> <li>Second Step</li> </ul>  |
| December & January | OFF  |
| February           | <ul> <li>Mindfulness - Mindful Schools</li> <li>Getting College, Career &amp; Life Ready</li> <li>CareerCruising</li> </ul>  |
| March              | <ul> <li>Mindfulness - Mindful Schools</li> <li>Getting College, Career &amp; Life Ready</li> <li>Xello</li> <li>Interest Inventory</li> </ul>   |
| April              | <ul> <li>Mindfulness - Mindful Schools</li> <li>Getting College, Career &amp; Life Ready</li> <li>Xello</li> <li>Learning Styles</li> </ul>  |
| Мау                | <ul> <li>Mindfulness - Mindful Schools</li> <li>Getting College, Career &amp; Life Ready</li> <li>Xello</li> <li>Multiple Intelligence</li> </ul>  |