



| Month              | Theme or Topic  |
|--------------------|---|
| September          | <ul style="list-style-type: none"> <li>• Transitioning to Middle School               <ul style="list-style-type: none"> <li>◦ <a href="#">Second Step</a></li> </ul> </li> <li>• Introduction to Mindfulness</li> <li>• Individual Strengths -               <ul style="list-style-type: none"> <li>◦ <a href="http://strengthsexplorer.com">strengthsexplorer.com</a></li> </ul> </li> </ul>  |
| October            | <ul style="list-style-type: none"> <li>• Mindfulness - <a href="#">Mindful Schools</a></li> <li>• Bullying Awareness &amp; Prevention               <ul style="list-style-type: none"> <li>◦ <a href="#">Second Step</a></li> <li>◦ Cyberbullying presentation with SRO <a href="#">Heads Up Curriculum</a></li> </ul> </li> <li>• Healthy Relationships               <ul style="list-style-type: none"> <li>◦ Prevention Educator from <a href="#">ASTOP</a></li> </ul> </li> </ul> |
| November           | <ul style="list-style-type: none"> <li>• Mindfulness - <a href="#">Mindful Schools</a></li> <li>• Conflict Resolution               <ul style="list-style-type: none"> <li>◦ <a href="#">Second Step</a></li> </ul> </li> </ul>   |
| December & January | OFF   |
| February           | <ul style="list-style-type: none"> <li>• Mindfulness - <a href="#">Mindful Schools</a></li> <li>• Getting College, Career &amp; Life Ready               <ul style="list-style-type: none"> <li>◦ <a href="#">CareerCruising</a></li> </ul> </li> </ul>   |
| March              | <ul style="list-style-type: none"> <li>• Mindfulness - <a href="#">Mindful Schools</a></li> <li>• Getting College, Career &amp; Life Ready               <ul style="list-style-type: none"> <li>◦ <a href="#">CareerCruising</a> <ul style="list-style-type: none"> <li>■ Interest Inventory</li> </ul> </li> </ul> </li> </ul>   |
| April              | <ul style="list-style-type: none"> <li>• Mindfulness - <a href="#">Mindful Schools</a></li> <li>• Getting College, Career &amp; Life Ready               <ul style="list-style-type: none"> <li>◦ <a href="#">CareerCruising</a> <ul style="list-style-type: none"> <li>■ Learning Styles</li> </ul> </li> </ul> </li> </ul>  |
| May                | <ul style="list-style-type: none"> <li>• Mindfulness - <a href="#">Mindful Schools</a></li> <li>• Getting College, Career &amp; Life Ready               <ul style="list-style-type: none"> <li>◦ <a href="#">CareerCruising</a> <ul style="list-style-type: none"> <li>■ Multiple Intelligence</li> </ul> </li> </ul> </li> </ul>  |

